

It is recommended to first test on scrap material and adjust settings based on your specific material and heat press.

## Pre-press-

- Always Pre-press the garment to remove wrinkles and moisture.
- Make sure any zippers, seams, buttons, etc are off the edge of the platen for an even application or use a Teflon heat pillow.

Material	Dwell Time	Temperature	Pressure	
100% Cotton	8 seconds	325°	Medium/high	40#
50\50 Cotton\Poly blend	8 seconds	325°	Medium/high	40#
Athletic Wear, 100% Poly	6 Seconds	265°	Low	25#
Nylon	6 Seconds	285°	Very Low	25#

## **Recommended Transfer Settings:**

These are guidelines for transferring- due to the wide variety of manufacturers testing your specific garment/material on your heat press is highly recommended.

**Press and Peeling-** use the peeling method that works best for your workflow.

- Peeling-
  - Cold Peel- Allow the garment to cool completely before peeling.
  - **Warm peel** allow the garment to rest for at least 20 seconds, it should be warm, not hot to the touch. Peel slowly and evenly for the best results. If you notice lifting, stop, re-press and peel from the opposite corner.
  - For enhanced durability- immediately after pressing, firmly rub the transfer for several seconds using a folded spare shirt or heat sink. This forces melted adhesive deeper into the garment's fibers for a stronger bond and cools the transfer for quicker peeling

## • Post Press

After peeling cover with parchment paper (matte finish), a Teflon sheet (glossy finish) or a spare shirt/textile (textured finish) and re-press for 5-15 seconds.



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